

# ***SYMPTOMS OF CONCERN***

Non-urgent questions should be called into the office (519) 664-2542

***Please page your midwife if you experience any of the following symptoms:***

## **Any time in pregnancy:**

- ❖ bright red vaginal bleeding
- ❖ trickle or gush of fluid from your vagina (even if you have no contractions)
- ❖ decreased fetal movement (after doing a 2-hour kick count)
- ❖ fever, chills, vomiting that does not go away in 24 hours
- ❖ severe abdominal pain

## **Symptoms of Preterm Labour: (at less than 37 weeks)**

- ❖ regular or frequent abdominal tightenings/contractions
- ❖ constant low, dull backache
- ❖ a sensation of pelvic or lower abdominal pressure, especially if cramping
- ❖ vaginal spotting or bleeding
- ❖ trickle or gush of fluid from your vagina

## **Symptoms of High Blood Pressure in Pregnancy**

- ❖ severe frontal headache that does not go away with Tylenol
- ❖ change in vision including blurred vision and spots in front of your eyes
- ❖ upper abdominal pain, usually under your ribs on the right side

### **When you page your midwife:**

- \* **Remember to listen to the whole recorded pager message before leaving your message.**
- \* **Be sure to leave your name and a telephone number that you can be reached at. Keep the line open so your midwife can return your call.**
- \* **If you cannot reach your midwives or any St. Jacobs Midwives, please go to Grand River Hospital for assessment.**